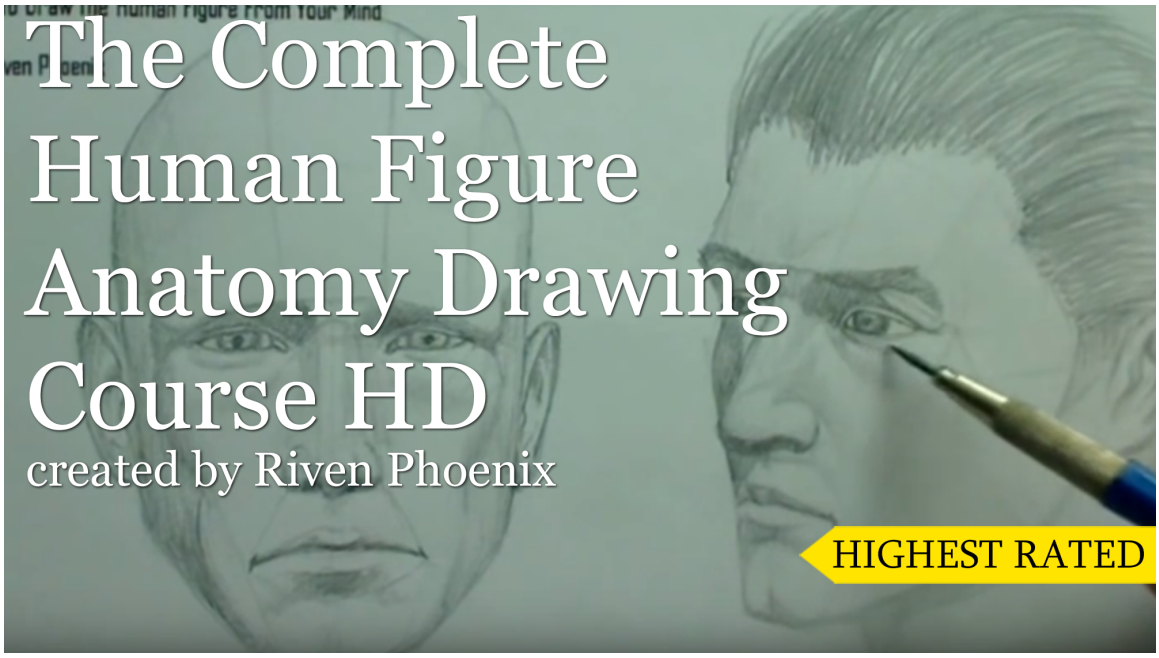

The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

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Figure Drawing Lesson 116 - The Muscles of The Human Neck - Part 7

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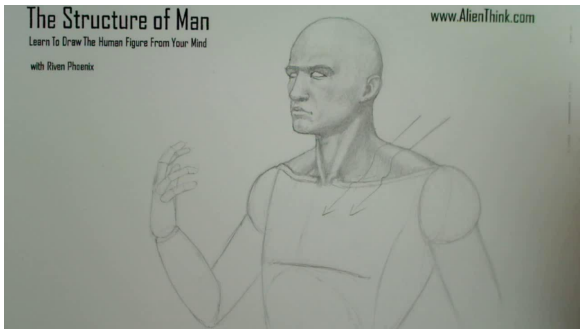
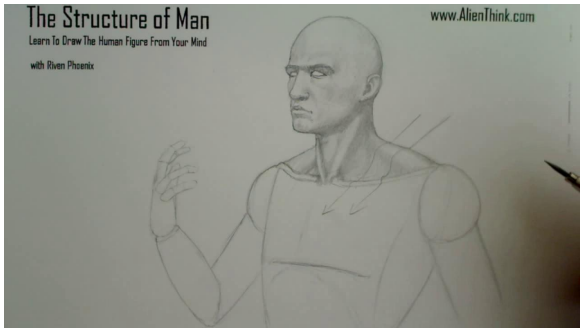
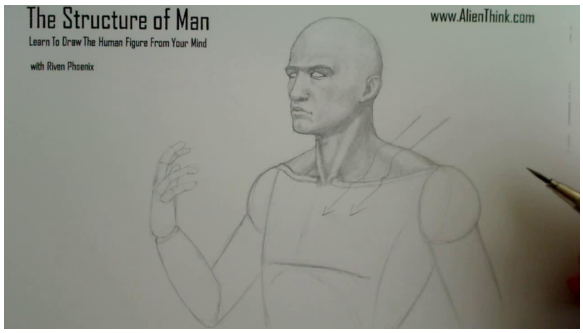
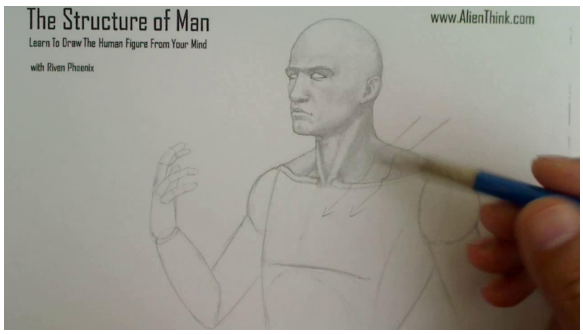
1		Hey guys, my name is Riven Phoenix and welcome to the structure of man, learn to draw
2		the human figure from your mind training course.
3		Okay, so in the previous lesson, we went through the process of now taking the information
4		of about the muscles that we have gained and now we're basically forcing the mind to

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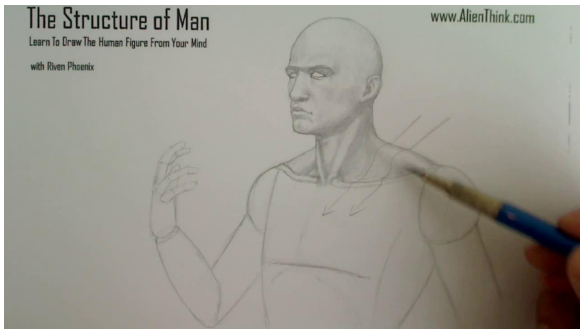
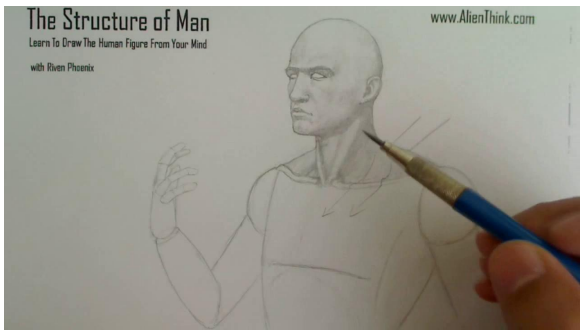
5		become familiar with this area.
6		Right, so here we know that really the surface and not any of the neck is really not that
7		difficult to understand.
8		One of the key features of it is to understand that with regardless of what type of figure

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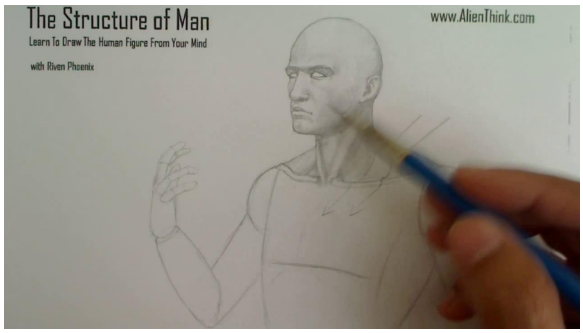
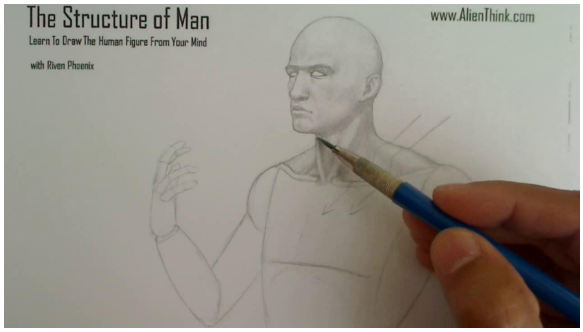
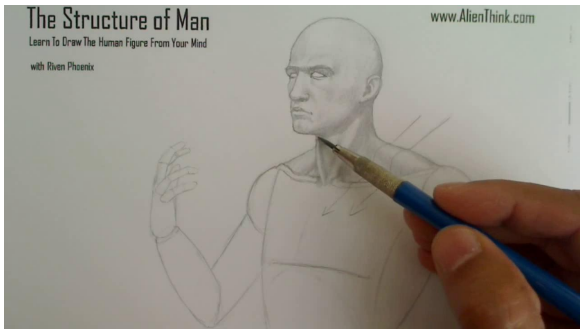
9		you're doing, right, if the figure is facing this way and you get this side of the neck,
10		we know about these key points, really, that you're going to get a line for this here,
11		but the neck, this line here, this line here, this line here, and this line here.
12		Right, so it's 1, 2, 3, 4, 5, right, so really drawing the figure, really that idea of

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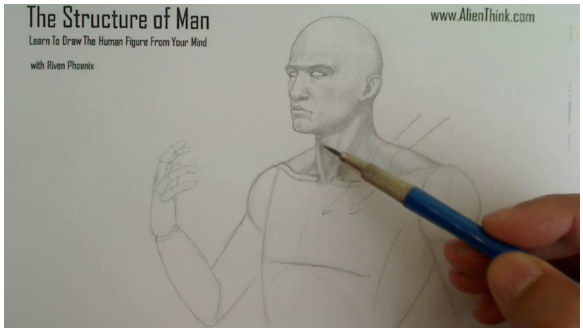
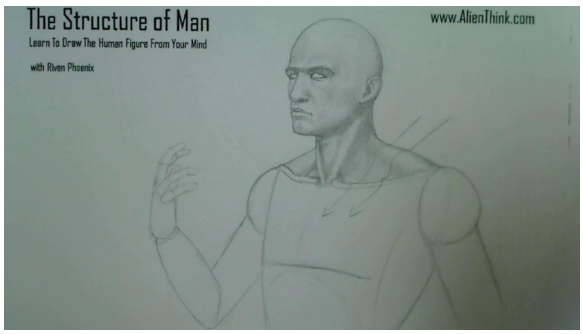
13		the block that we talked about where we did everything in outlines, right, is really
14		going to come down to understanding what are the contour lines that really defines the
15		structure of the figure, right, so meaning that these concepts, regardless of all the
16		different types of drawings that you're going to do, if you're going to expose the neck

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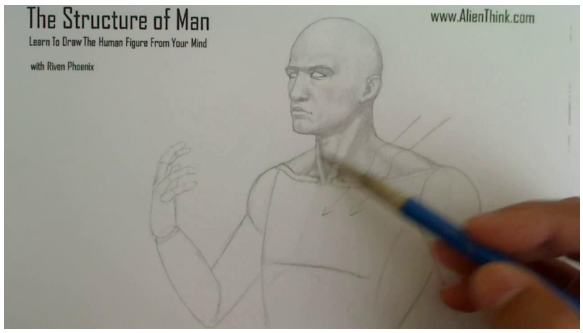
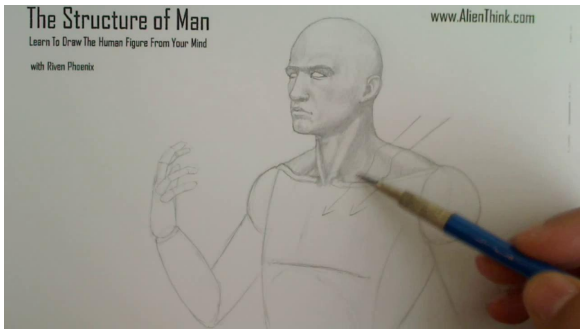
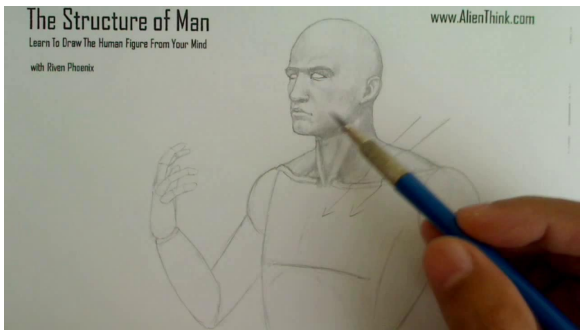
17		on this side, you're always going to end up basically with these lines, right, and on
18		this side, you can fluctuate between either you want to show it or not, right, like some
19		of these areas here, so I'm just showing you that in this idea of invention, right, we're
20		now beginning to pick up things that the mind was not aware of, right, formulas that are

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21		repeatable, so now what we're going to do is an extremely important exercise and that
22		is to now force the mind to really become familiar with what's going on with the neck, right,
23		so we already understand the muscles, so what we're going to do is really, let's say you
24		draw out three heads here, so first I'm going to draw out, let's say a head over here,

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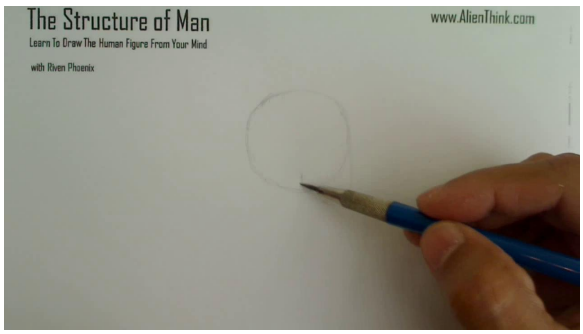
25		I'm just going to draw this head here on the side, so he's going to be facing in that
26		direction, so here I can just draw out some kind of an oval shape here, right, just conceptually
27		I can just do it this way and then say that, okay, I want to just make this head like
28		this and here I know that, right, I can just cut this up above here and then over here

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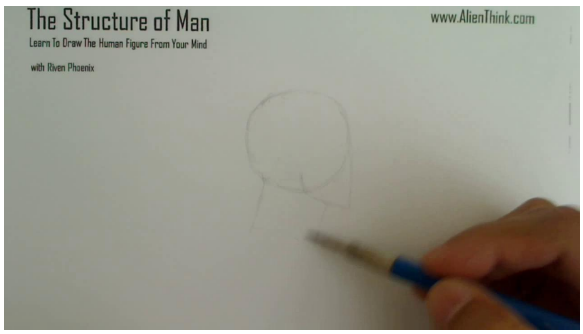
29		I already know about this area here, so I know that it's really just going to be going
30		on an angle over here, right, you can just understand that right, the here is here and you're
31		going to get the muscles and it's just going to come like this, right, so here we're just
32		using our mannequin system to just make our life easier, right, and this is going to be

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33		easy, we just go down in this direction just this way, right, we know that this is going
34		to come out basically where the nose is, right, just like this, it's a very simple concept
35		over here, okay, so once I've done this, now what I want to do, I want to do the same drawing,
36		but this time I'm going to just look at where the neck is going to be, so I'm going to

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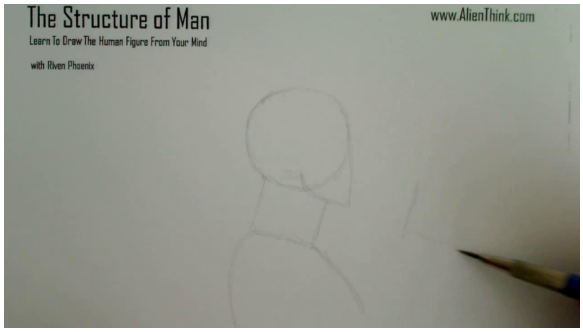
37		like put the neck here kind of like on the angle, right, try to just reproduce this area
38		here because this is where we're going to now start to bend the neck, we want to see
39		what exactly happens, how does the neck even bend, right, what are some of the key things
40		that we want to want the mind to be aware of, right, so here I'm going to just get the

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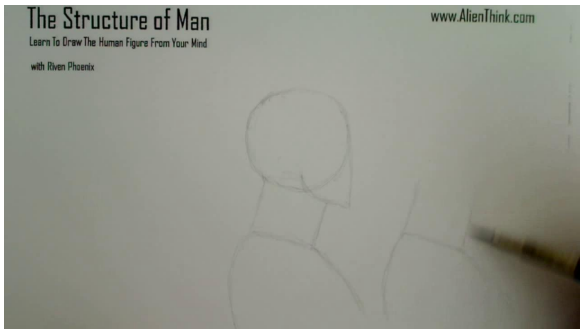
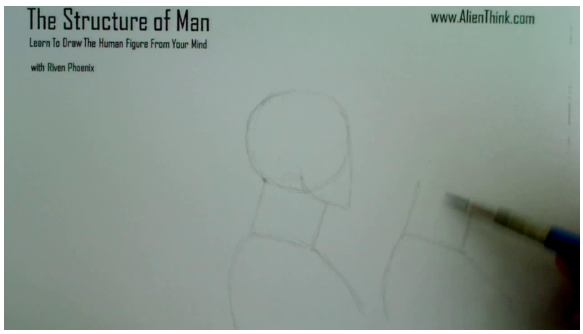
41		same concept that the neck is going to be here, so here you can see that this is really
42		the point for the neck is attached, right, meaning that we know it's attached here, right,
43		but when it's going to now let's say face down much more, right, it's going to be really
44		fluctuating here, right, this is really the key axis where it's going to go down, so

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45		here let's say that this is my axis over here, right, this is where I drew it first, this
46		is where I drew it first on this axis going in this way, right, this was my pivotal axis,
47		right, this, this we know is like this, right, so this is an axis and this is how we did it,
48		so that the head is really facing in this direction, right, so now if I have the same line here,

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49		what I want to do is now move this axis kind of like this, right, so here you know that
50		right, if this axis is here it's going to be like this, this guy really is going to be kind
51		of like this, right, over here, so here we can just take a look at this, right, we can just see
52		that this is going to be here, right, the division f-hack, so if this is here I know that it's

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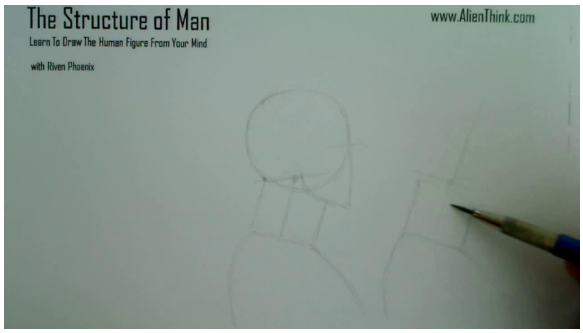
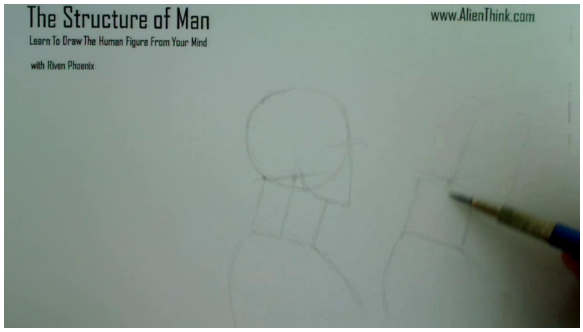
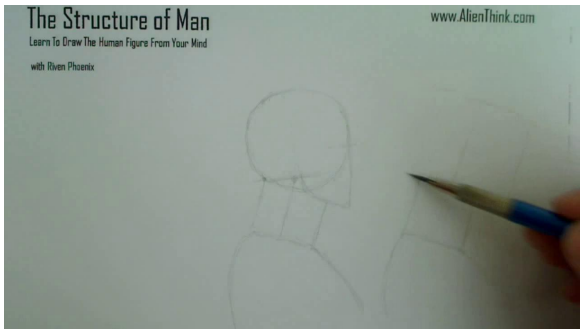
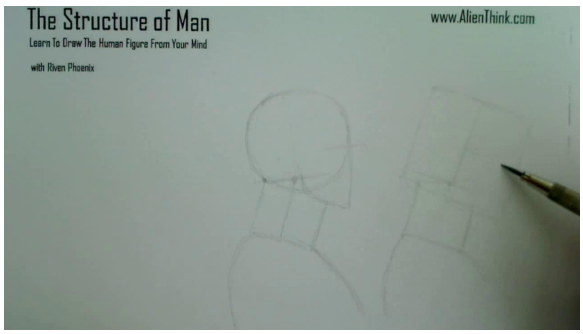
53		going to be roughly around here, the head, right, so here I'm just going to like draw some lines
54		to understand, okay, in this idea, let's see, in this is like my box idea here, right, you can do it
55		with a box to make it much more easier to understand, right, so this is how I'm going to fluctuate the
56		neck, so this means really my circle, the ball shape really needs to go in this direction

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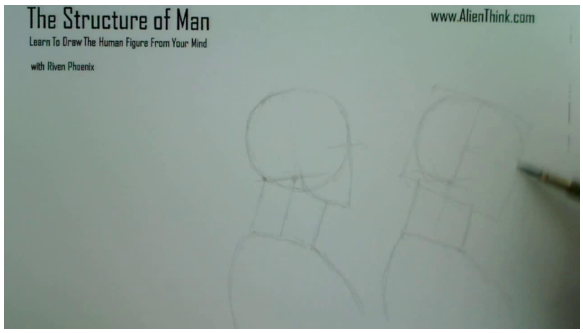
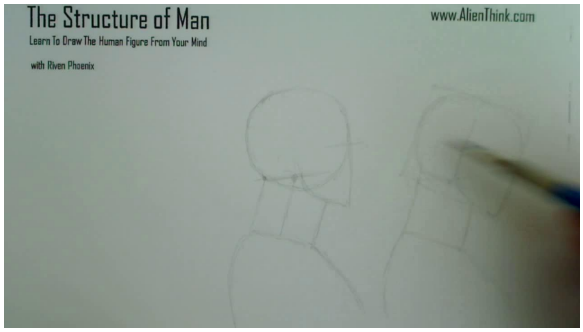
57		over here, like so, right, it's, it's very simple to understand as to how this is going to work,
58		right, so now we're making the head face this way, okay, so now let's do it another way here,
59		let's say that, okay, well, I'm just going to look at the, the same conceptual idea here,
60		again, and just draw out, just get it out lightly here, that this is how this is going to be,

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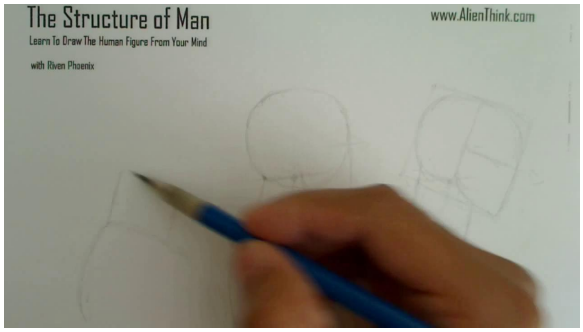
61		and let's say now this is my neck over here, right, this is basically how big it was over here
62		when I did it, right, big, and over here, a bit of, right, so look what happened here, this is basically
63		the, where the, around where the axis is going to be, right, so when I pulled it here, look it stretched
64		over here, right, and this went down, it stretched over here, and this is over here, so we know that

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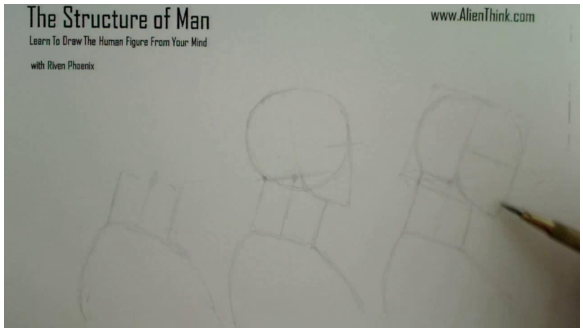
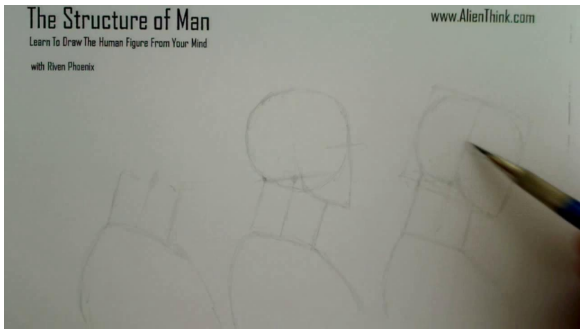
65		this is going to stretch, this part, but this is big, this is how much the neck can only move down,
66		right, so you can test this out by moving, keeping your neck straight, but only shifting this part
67		of your skull, you'll see that you really can't pull too much, so we know that this area here
68		is going to definitely move, right, so in the same way, now let's do an extreme version of this

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69		and say that, okay, well, what I want to do is now, I know that if, if I, now let's move the head
70		really in this direction, right, let's say in, we're going to do the head like this, what would
71		happen, so you know that, okay, well, this is definitely going to decrease over here, right,
72		it's going to compress, right, this is like your axis over here, so what you would do is like just

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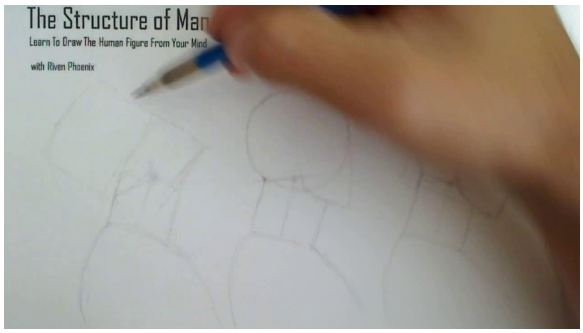
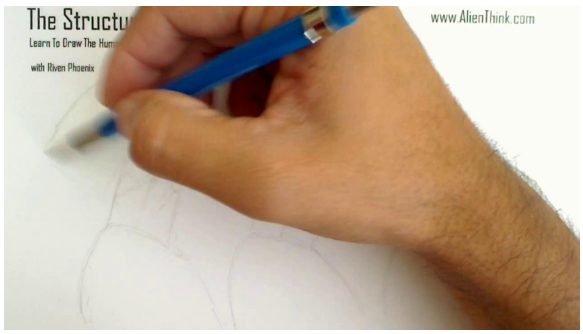
73		draw like a box to figure this out, right, draw like a box first, see that, okay,
74		this is kind of like the box based on how I did this, I mean, you just have to be approximate
75		with this, right, it's not going to be like a mathematical calculation or something,
76		but this is where I want the head to be, so this means that here I can now store to put down

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77		my ball shape over here, right, really it's just understanding where the line for the jaw is going
78		to be, right, and then I can do the same thing, make it go in this way, right, so now he's looking
79		up, right, so if you take a look at this, this is where we want to understand what happens over here,
80		right, what happens to the neck and the Adam's apple over here, so now we're going to clean up

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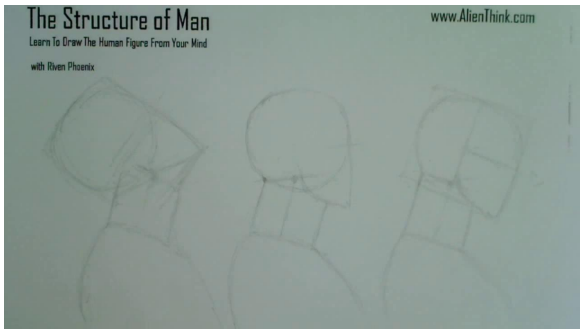
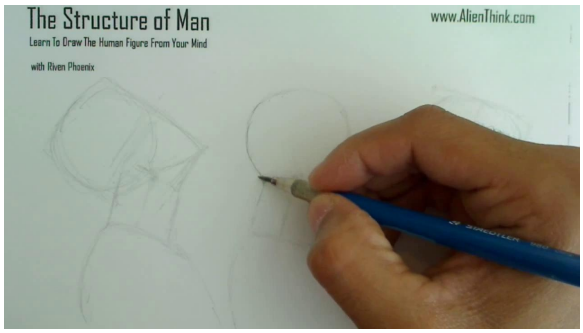
81		these drawings and really not spend too much time in rendering them, really, we just want to use the
82		form, idea of the forms of the head that we did, so here I'm just going to draw out over here,
83		the idea for the head, and then go here, that this is going to be the neck over here, right,
84		again, we're here in this bottom area, we're really interested in our idea for the

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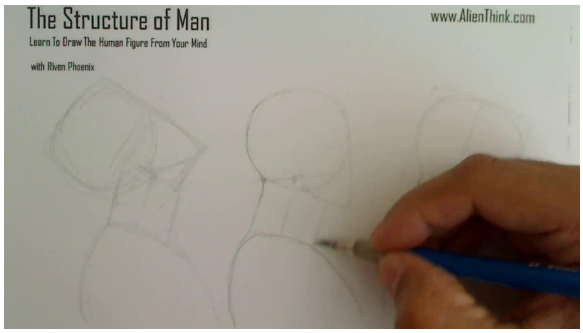
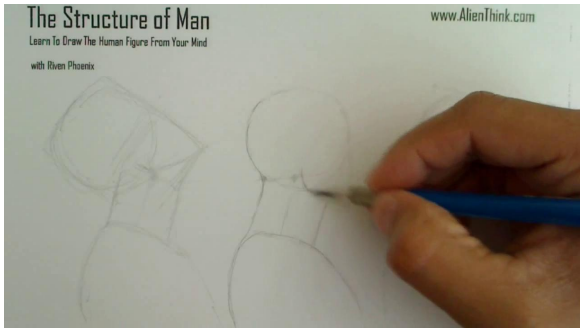
85		the mannequin system, so we know that, right, this is just going to be over here, I'm going to start
86		to get my line for the jaw over here, right, so this again, approach it like you're doing this,
87		like an illustration, so here I'm going to say that this is where the line is going to be,
88		so I'm going to now start to make the idea for the template, right, here I'm just going to do

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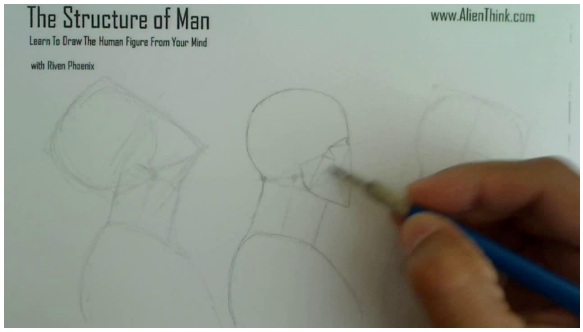
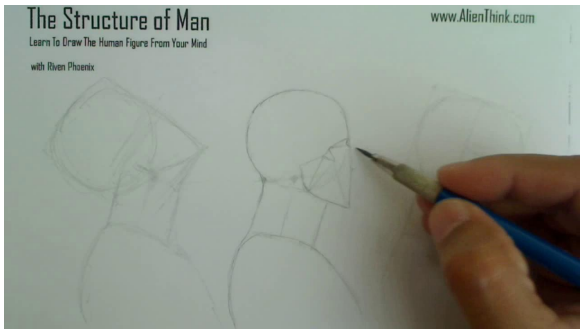
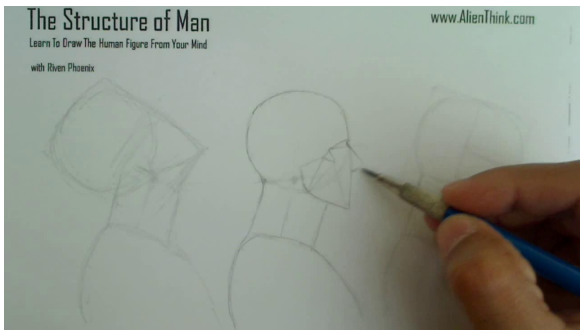
89		the same thing, but use the idea for the template to really start to understand, okay, well,
90		how does it relate to my template, right, so over here I'm going to get the bottom of the nose,
91		so I know that, okay, well, really over here, right, regardless of what happens here, my nose is
92		kind of going to be like this over here, then I know that I'm going to over here, get this idea here,

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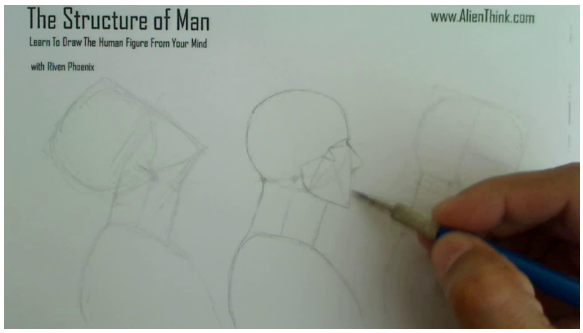
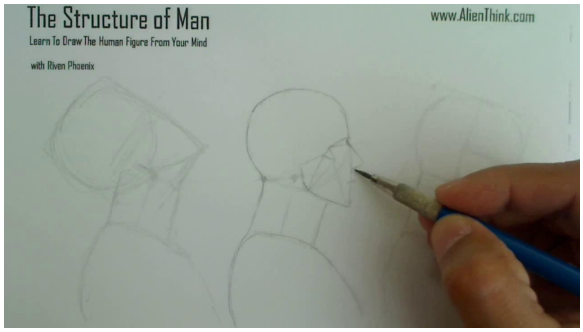
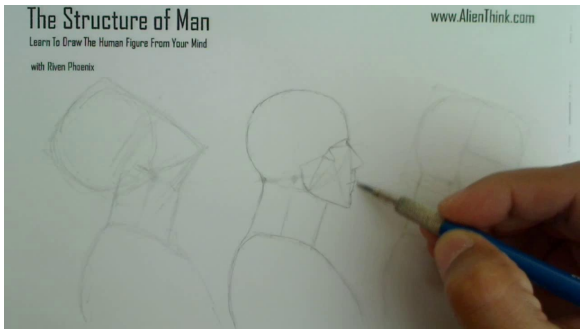
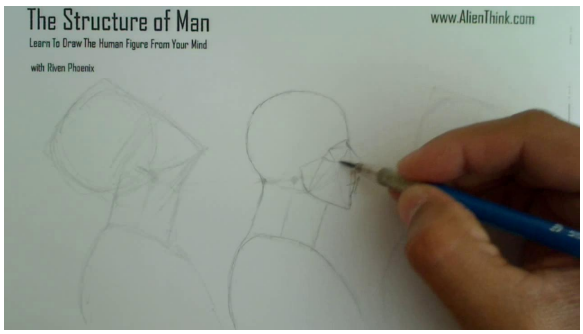
93		right, we know where the mouth is, right, we know that the mouth is just going to be over here,
94		so I'm going to get this and I know about that line here that we talked about for the lips, right,
95		the lips have to be on this angle over here, right, so we're going to get these designs over here,
96		so this would be my idea for the template, and over here I know that, right, really the

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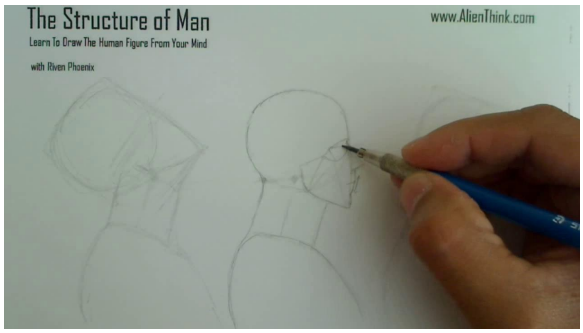
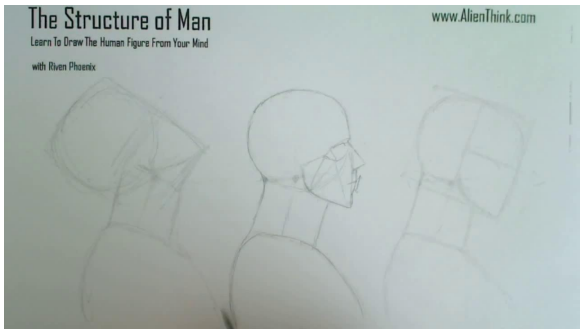
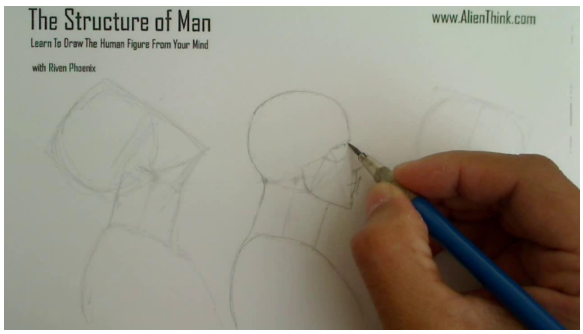
97		eye is going to be here, so here I can now just put my template idea and understand how to draw that
98		in 3D, right, so once you get these lines, you can just basically come in here and then
99		start to clean it up, right, sometimes, all right, most of the time you're just going to have to
100		do that because you got to figure things out, first on paper as to how this is going to be working,

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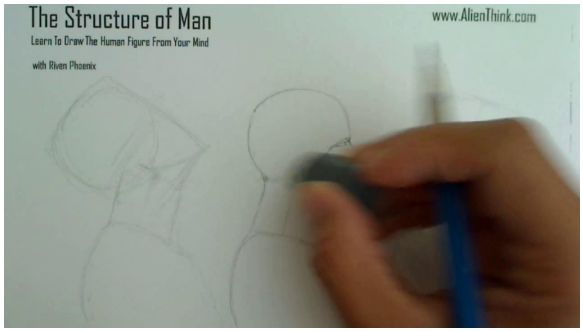
101		and this I'm going to get like the line over here, right, so here we can make this now start to
102		clean up some of these lines and make this into a, right, the idea here is that we also want to
103		make this into a cleaner illustration process over here, right, so here I'm just going to
104		write conceptually, so it should look like let's say a conceptual artwork for, right,

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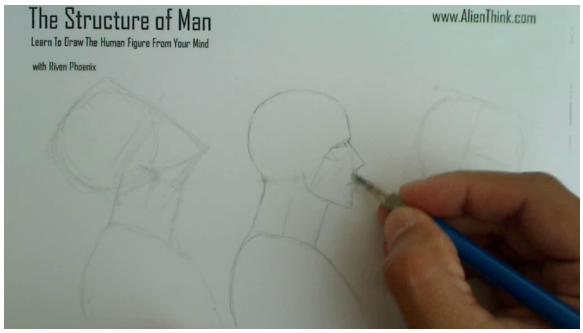
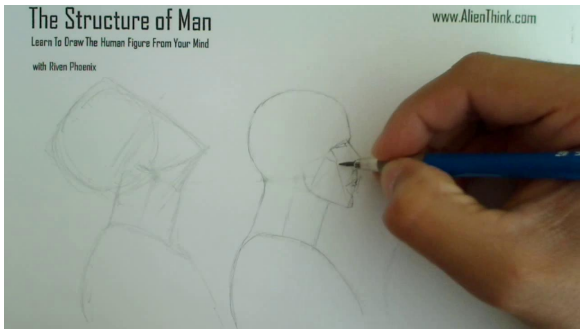
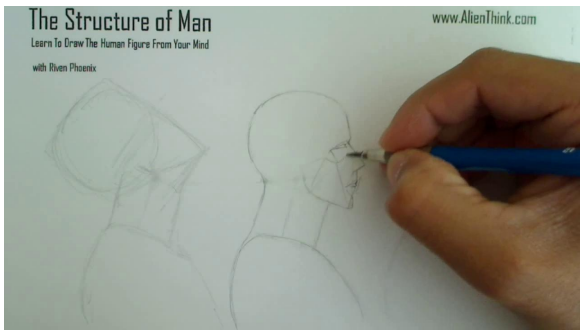
105		this is just going to go here, you know, but over here is really the idea for it,
106		right, and here I'm just going to clean this up real quick and then start to make the ideas here
107		for the template,
108		okay, so once we get this template down, right,

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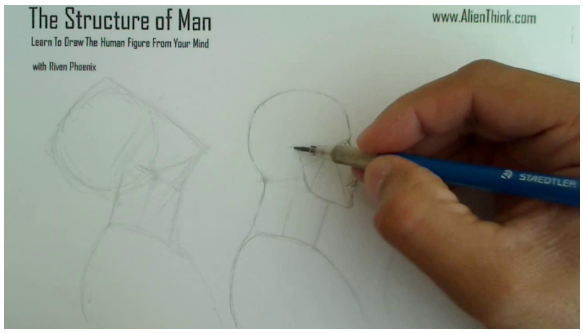
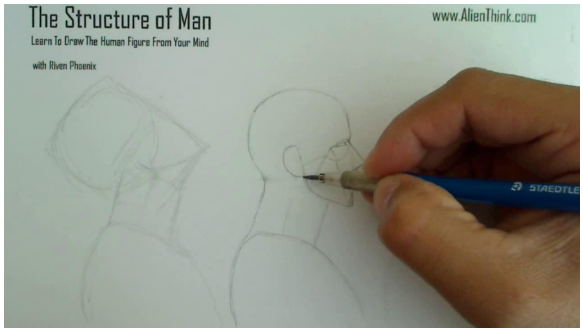
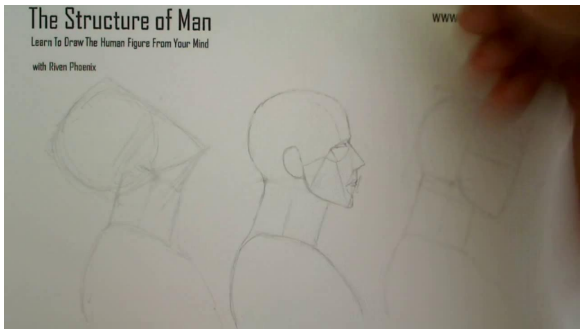
109		and here I'm just going to do the idea for the year, right, so you can experiment with how big
110		you want to do the years are small, right, so here we've got the template which is going to finish this
111		off like this over here, just going to say it goes like this, right, and then you're going to get
112		that other line here for this, that's just going to go in that direction, then you'll just

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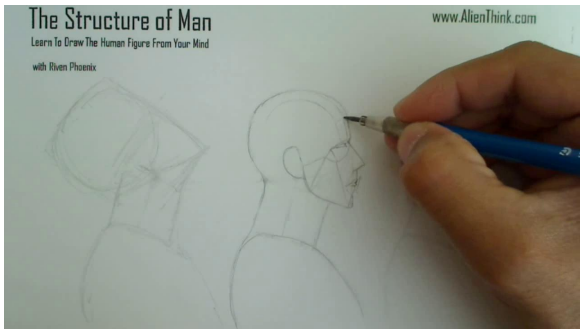
113		make that line like this, right, so here we can now begin to graph that concept, let's say okay,
114		I understand, but look over here, this is where the area that we're interested in because we're going
115		to get that form that we talked about, right, this is going to be here and then it's going to be
116		here because we're going to get that horseshoe, meaning that now your template for the forms should

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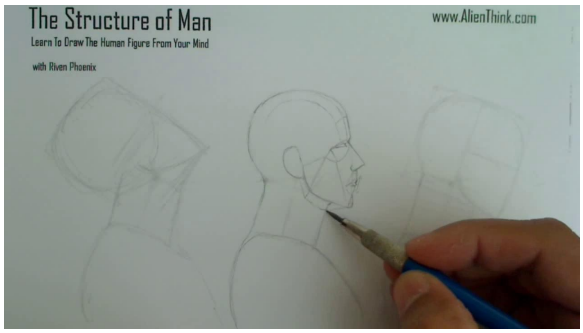
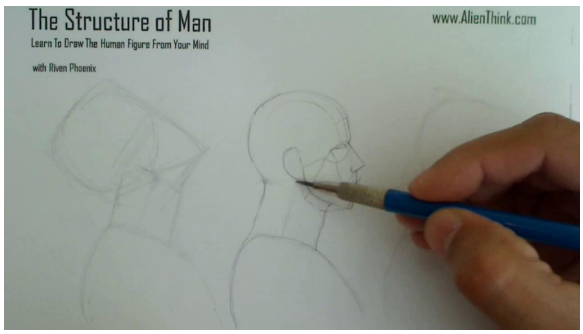
117		begin to get this in the bottom of your naked areas, just be aware of this that's going to be always
118		a soft area, right, right, where the jaw line is, then you're going to get this area over here,
119		so we know that, right, over here I'm going to get like this idea here for the Adam's apple,
120		and everything else here will be very simple, so we know that, okay, well, just imagine that the

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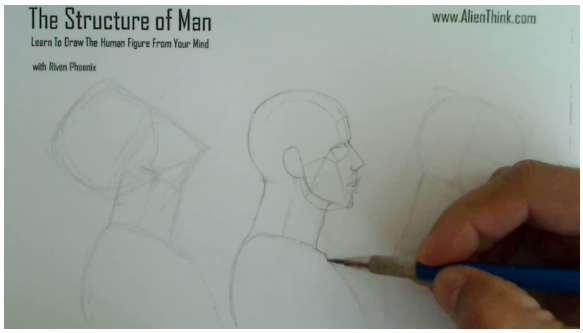
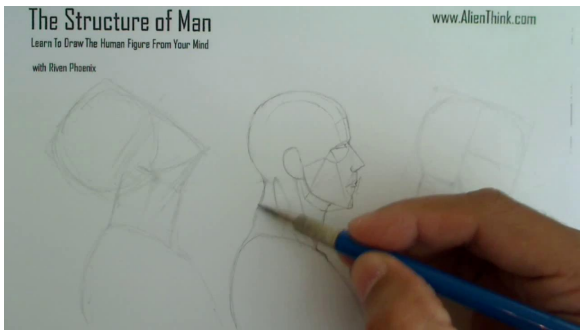
121		clavicle is here because it has to be here, right, and now we can start to get all the
122		the muscles, so here I'm just going to put down very simply the idea for the muscle over here,
123		right, then here we know that, right, the back muscles are just going to be over here and this
124		already solves it for us, the rest of the understanding of this, right, and then over here,

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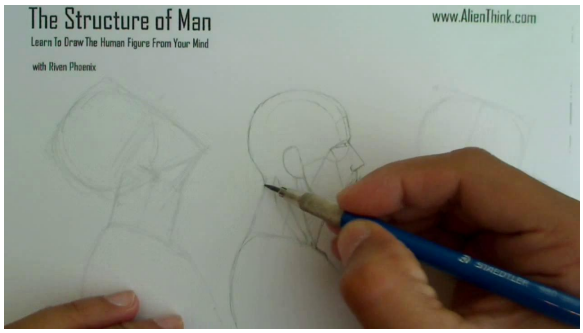
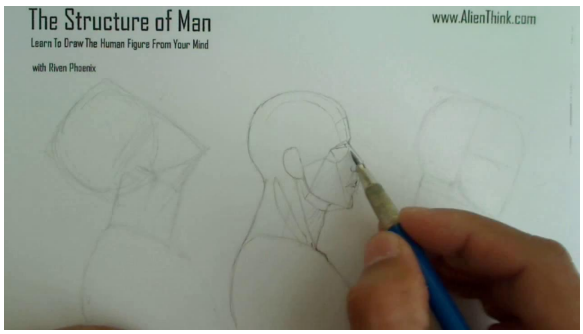
125		we said that, right, we're just going to get like two more very tiny, tiny muscles, and then
126		over here, this area is really just going to be splitting, okay, and that's it,
127		and I'm going to move this a little, I have to move a little quick through this, right,
128		so here you know that, okay, the face, we're facing this way, and this was basically around where

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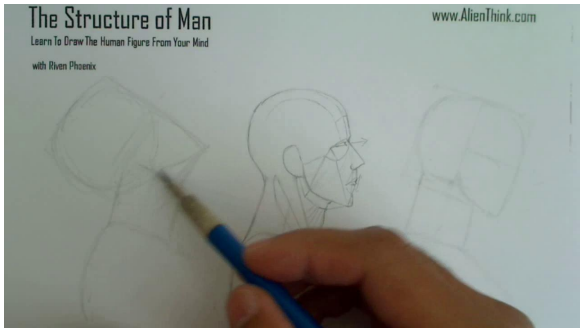
129		the ear is, my, kind of like my pivotal point, right, but it's really going to start to move,
130		over here, a little bit, right, because this pivotal point is really where the neck connects,
131		and if my idea is here, then that means my neck really is going to be kind of like this now,
132		right, over here the spine is going to start to move, right, so now let's just finish this also,

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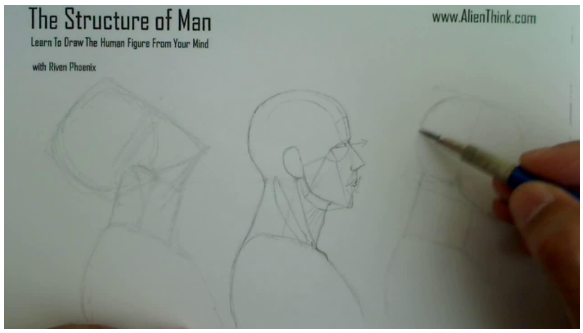
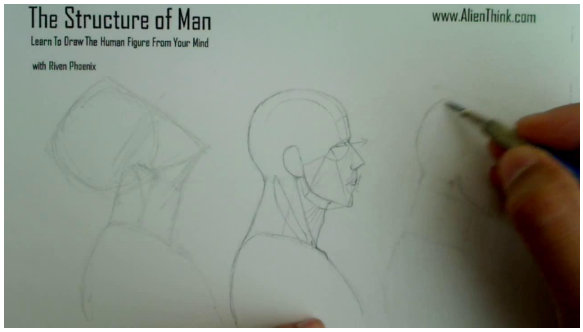
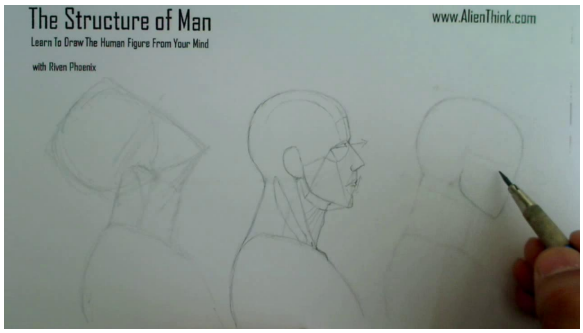
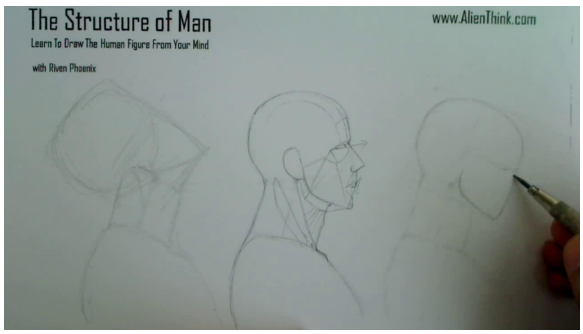
133		I'm just going to lightly erase this stuff, and quickly move through this,
134		and do the same thing, and finish this other illustration also,
135		and over here I want to do the, the center line like this, so here again, I'm just going to
136		punch this in like this over here, do all the lines that are required

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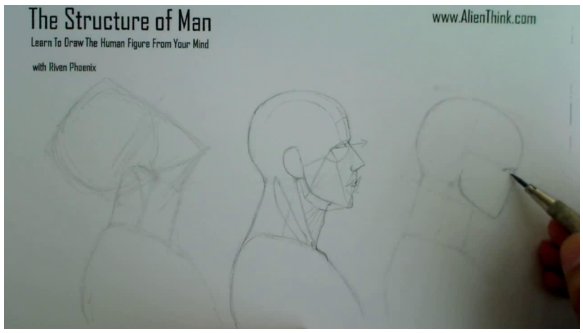
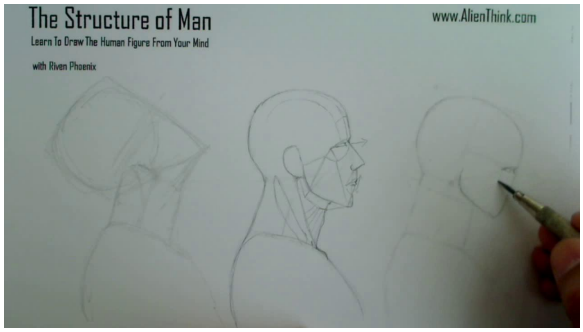
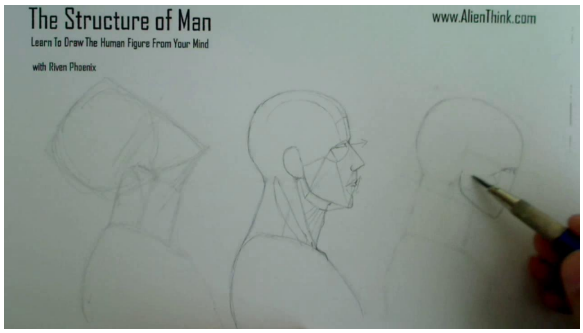
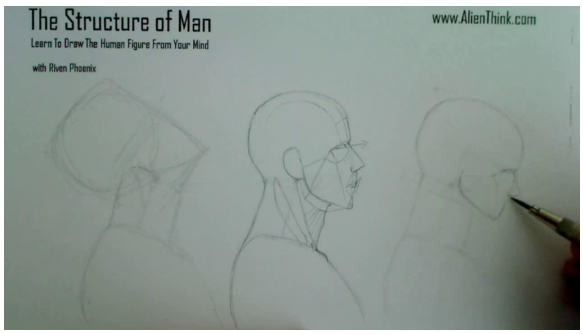
137		for this over here for the idea for the template,
138		right, and you can move your joins around, if you're having difficulty putting like these ideas
139		inside with or something, okay, and here's going to be where the idea for the nose is over here,
140		and then same thing here where the lips are going to be, I'm going to

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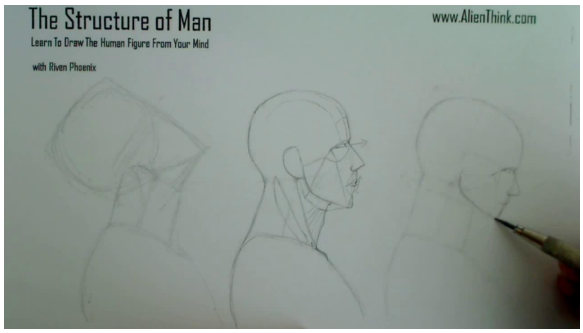
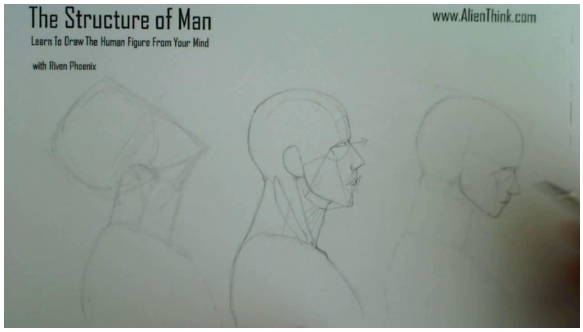
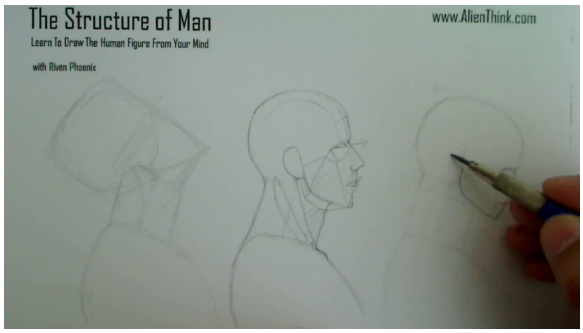
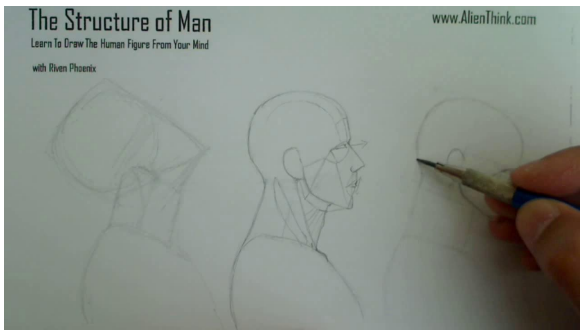
141		do the same thing over here, right, and then clean up this area,
142		okay, so now we want to understand, okay, well, what happens now to the,
143		the, the, the, the bottom of the, of the neck, right, so here we already know that, okay,
144		look, if it's going to go here, right, we know that, okay, what's going to happen is basically,

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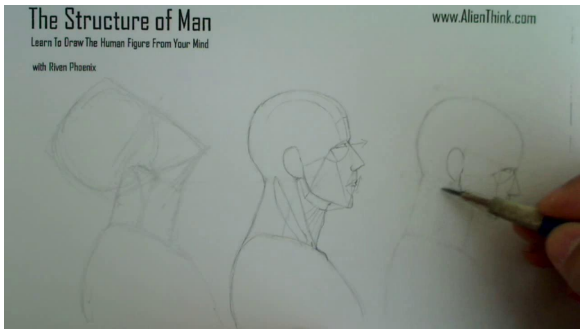
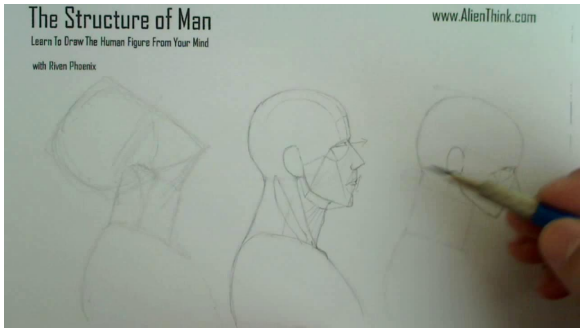
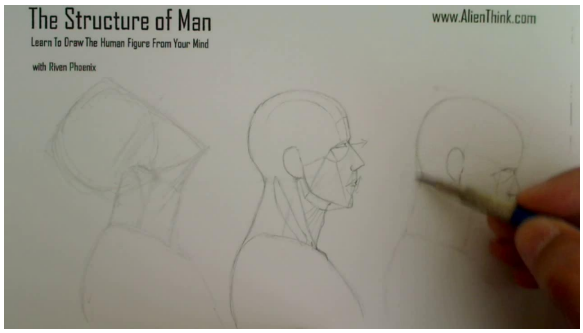
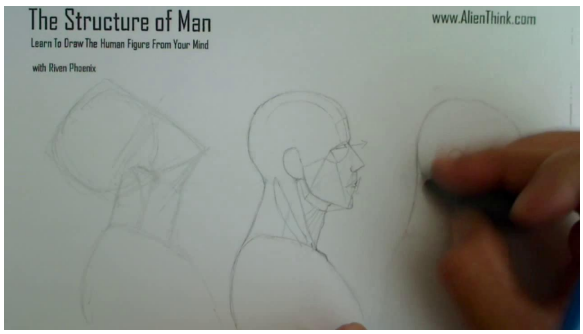
145		if you do this, this part of the, the back of your neck is not going to be this way, see,
146		because now when you're stretching what's going to happen is this part is going to start to lift,
147		so you're basically going to just come like this, right, that's what's going to happen,
148		so these, this research phase that we're going to be beginning to understand, right,

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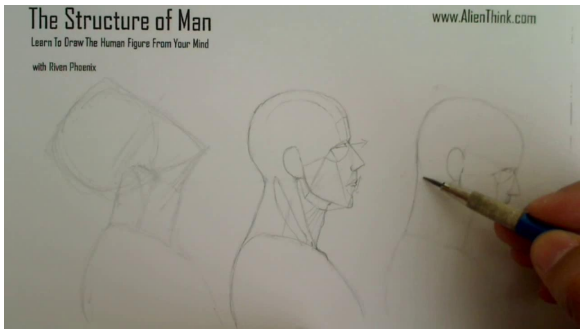
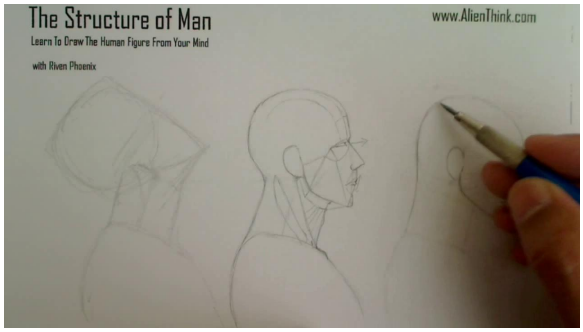
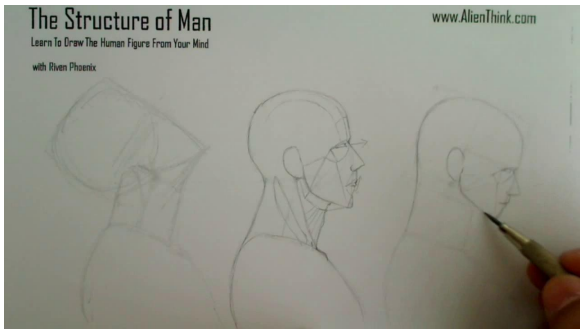
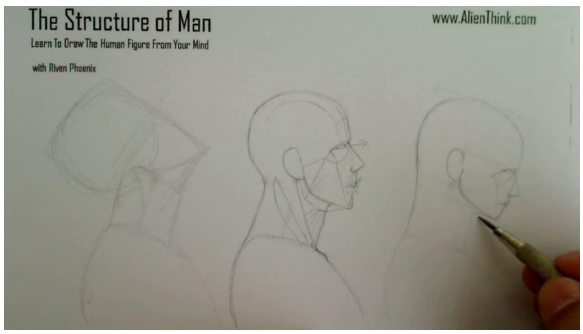
149		of obviously, if it, if it starts to tilt, it's going to lift the skin up over here, right,
150		it's going to start to move, right, and then what's going to happen over here, well, we really
151		can't see much to what's going to happen in the bottom, right, so it's going to be really,
152		going to get over here that we did the, the design for this, this is going to start to get more

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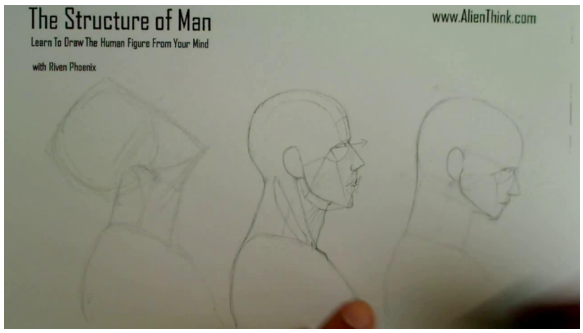
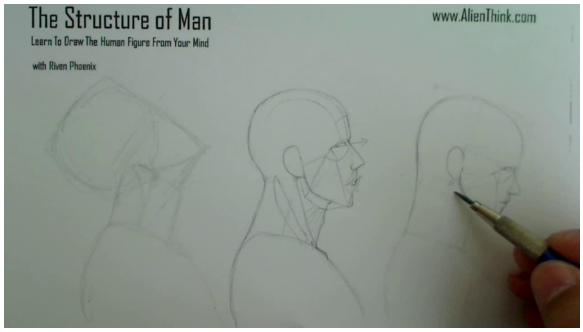
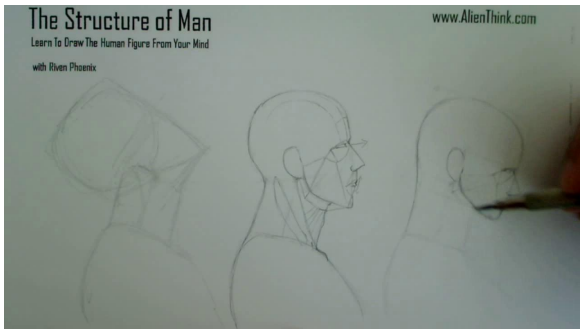
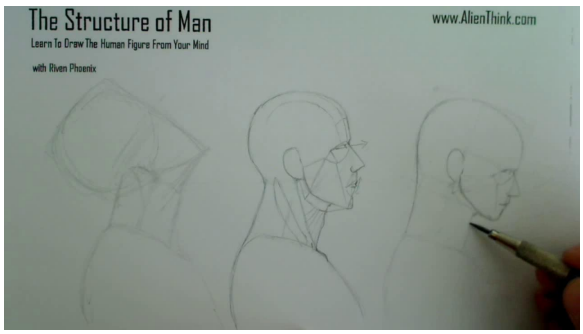
153		tucked in, right, so here I'm just going to increase the jaw a little bit more,
154		and then over here I'm going to get, again, those ideas, right, this idea will always be
155		there, but you really can't see much going on in there as to what, what happened, right,
156		so over here you're just going to get like the, a little bit of the atoms apple, and this is going

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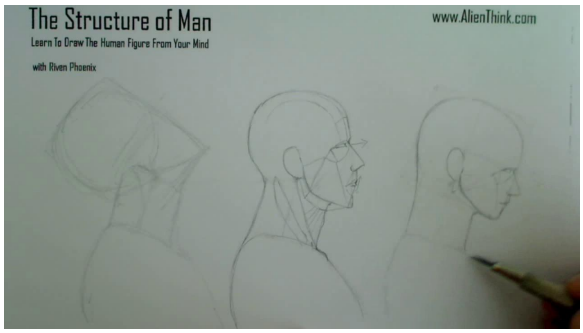
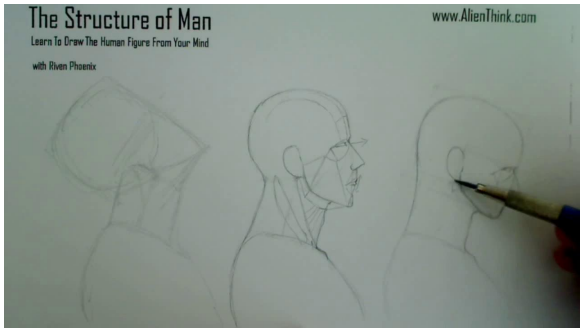
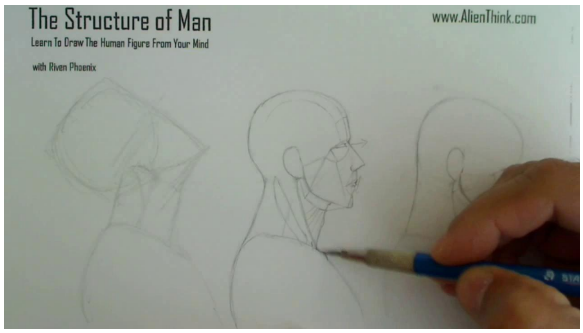
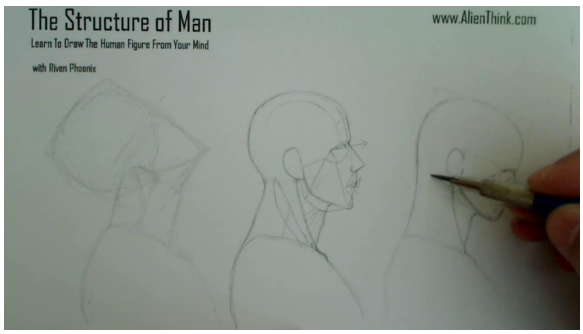
157		to go here, and again, it's going to be the same thing, just like this, right, so your muscles
158		are going to come down here, remember this muscle here, right, it's going over here, it doesn't
159		connect to the clavicle, but it goes over there on the other side, and over here it's going to be
160		the same thing, I'm just going to make this one like this over here, and then this here really

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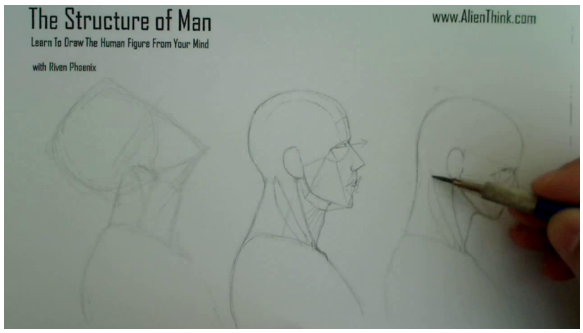
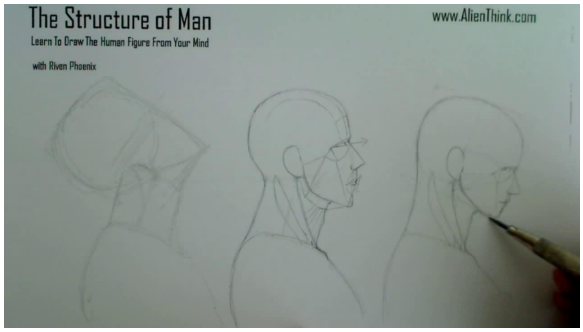
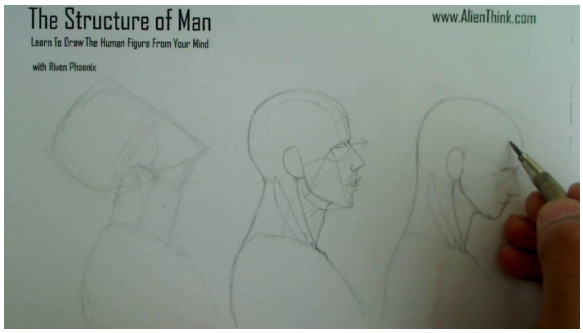
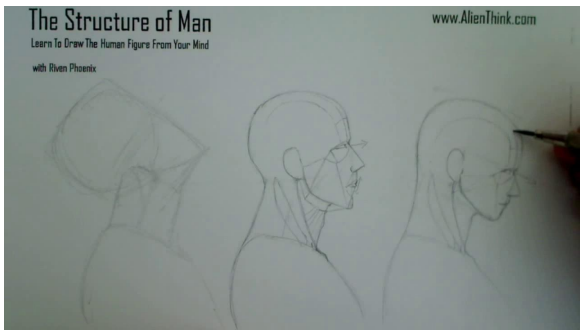
161		is not going to change much, but we have a better understanding of us to what happened there.
162		Okay, so now here is the line for this, right, so we can now just add our lines here again,
163		do it this way, I mean, this line goes this way over here,
164		right, so do like everything like me, and be just be comfortable with using the idea of the

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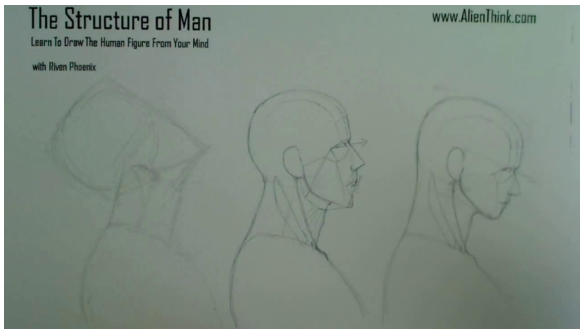
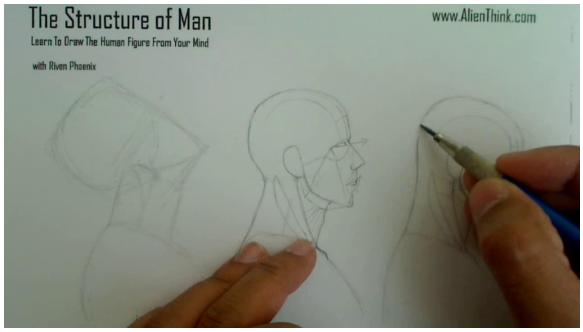
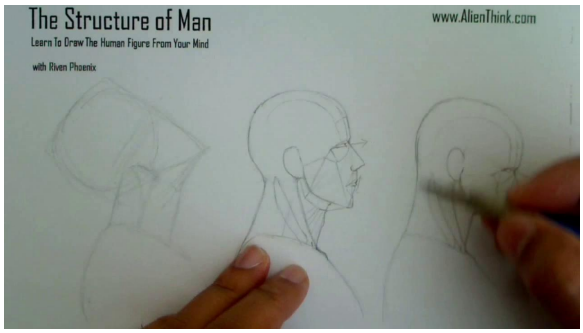
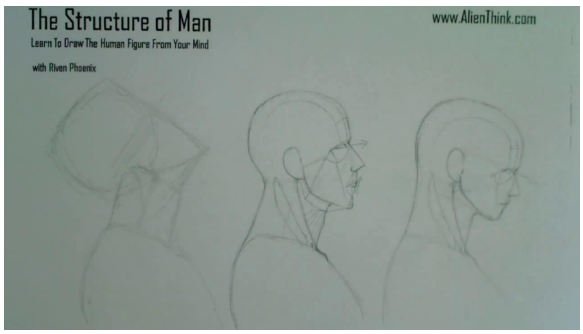
165		eraser to get these ideas that, right, so here,
166		I'm just going to increase this just a little bit here, right, but you can see how the form
167		over here starts to change,
168		okay, so now the last one is we're going to understand this, okay, so we know that okay, well,

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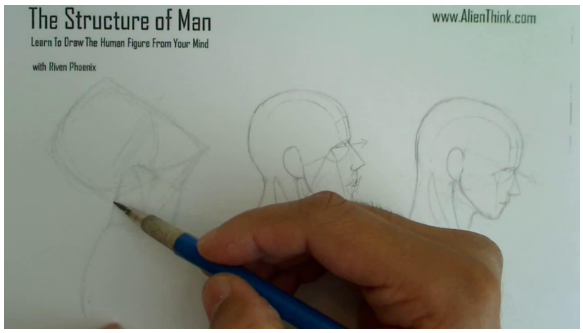
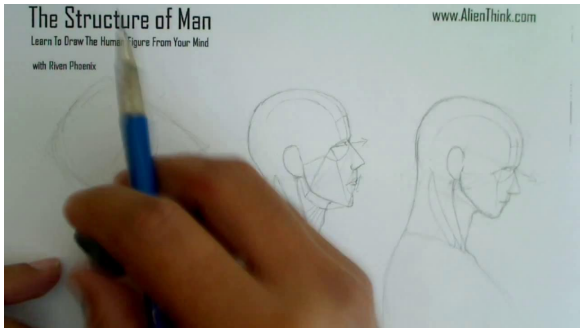
169		this is basically where my neck is going to be going, right, so here we're just going to
170		lightly erase some of these lines here, right, you can see the anomalies in the back, right,
171		this is where really we're saying that it's going to truncate, right, so now we're going to
172		draw out the head over here, and then over here, I'm just going to get pretty much

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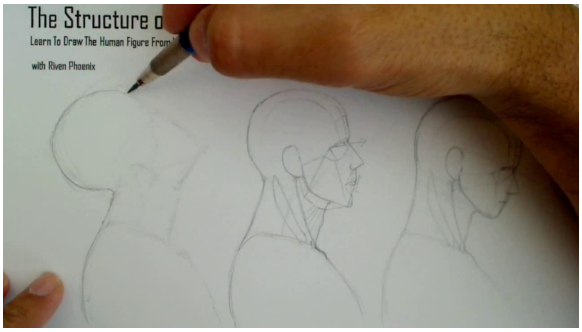
173		head like this, right, and over here it's going to come down like this, and then over here I'm
174		going to get this line over here, right, so here I'm going to just actually push this in
175		over here like this,
176		right, so you can do again different types of styles, right, here you can see I did like a curve,

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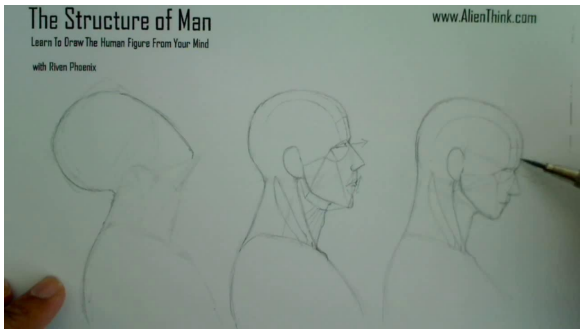
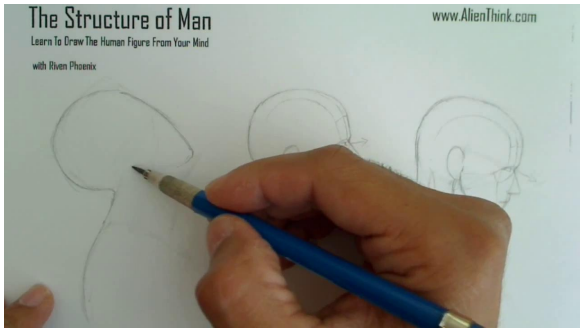
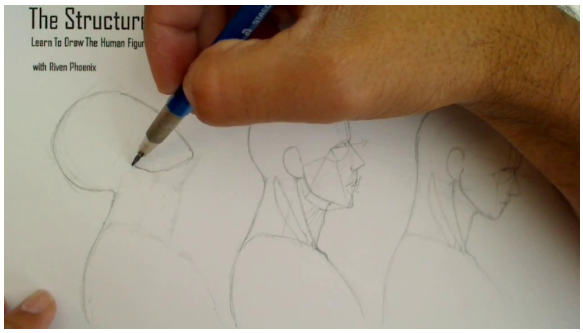
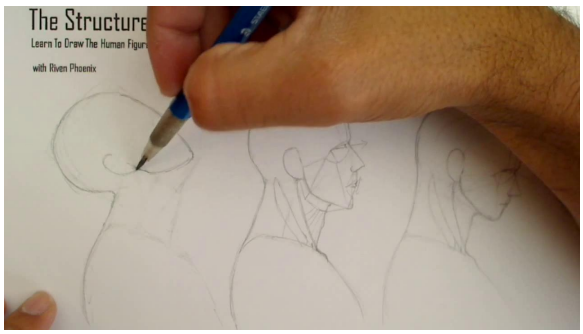
177		here's more of a straighter line, it'll get like different variations of the head,
178		right, so here's going to be the line really here for the jaw, right, so you have, you can like,
179		like I said, turn the page, if you're having difficulty drawing it this way, but
180		wait, it means nothing, if you can draw it this way, this is fine, right, it's just shifting

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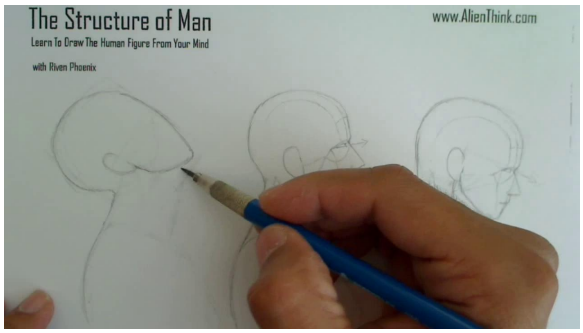
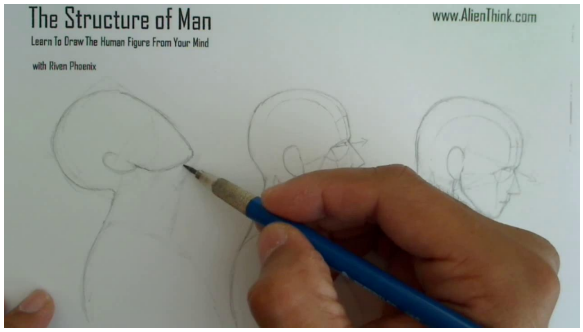
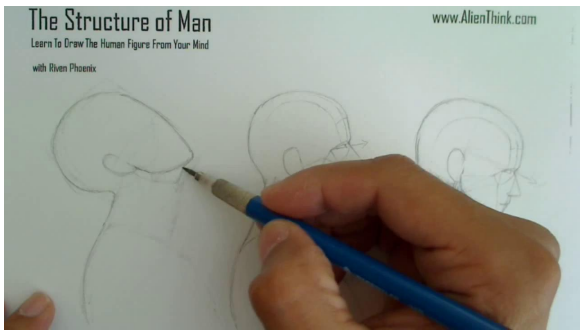
181		your thinking, so now what happens here is that, let's see this line for the jaw, so you know that
182		right, it's going to be over here, and this, the ring that we talked about is now going to be here,
183		it's going to be stretched, right, so basically it's just going to be like this, right, it's just
184		going to start stretching, you're going to get, your Adam's apple is going to be more up,

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185		and it's just going to come down like this, right, and then here, we'll get the idea again for the
186		the chest over here, right, so the muscles over here are obviously going to now, right,
187		the muscles are not going to be like this, they have to stretch, right, so you're going to get
188		the muscles like this, right, now they're going to start to stretch down more, and you'll get that

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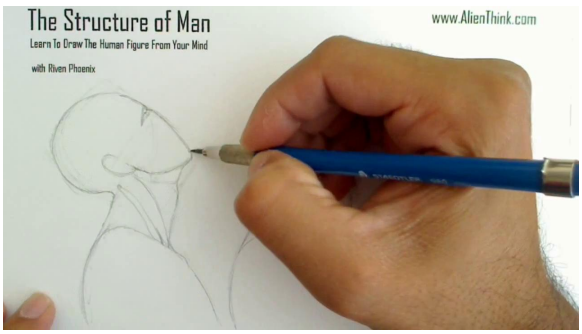
189		other muscle like this over here, and then this area over here means that you're just going to get
190		the muscles to be like this, right, so here we can now just make a determination, right, this is where I
191		I want, now, right, this, the concept of the eye to be over here, right, this way, and then here we
192		can just see that, okay, well, the nose is going to be just about here, so we can just start to put

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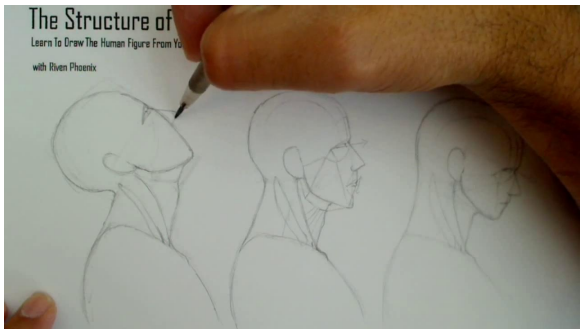
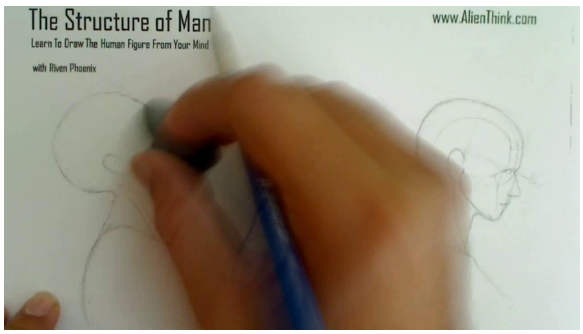
193		the nose on, and over here, it's really dividing this in three parts, so we know that, right, it's
194		just going to be like this over here, right, we're going to get this conceptually the same ideas,
195		so now I'm just going to erase some of these lines and just clear it up,
196		right, so I'm going to get this over here,

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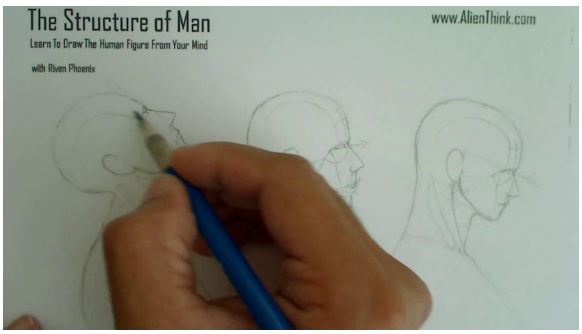
197		and then we're going to get this, and then right there's a junction here, remember that as an idea,
198		okay, so here I'm going to get my angles here, just put it this way over here,
199		right, and we're going to get these lines over here, so here I'm just going to sketch them out
200		lightly first, because it's kind of on an angle so I have to be, well, this should actually be like this

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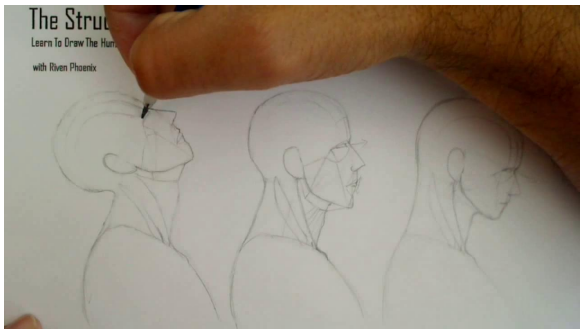
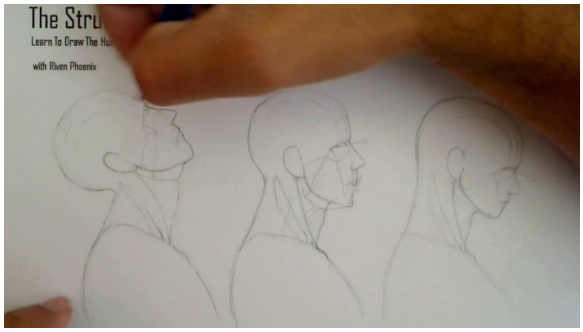
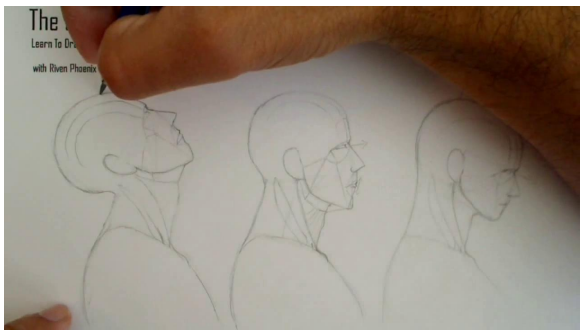
201		over here, and so I'm just going to put the basic marks down and just quickly come with the eraser,
202		and then finish it off,
203		right, so the more time I spend with this, obviously,
204		the more detail is just going to get more and more and more, right, and over here I'm just going to,

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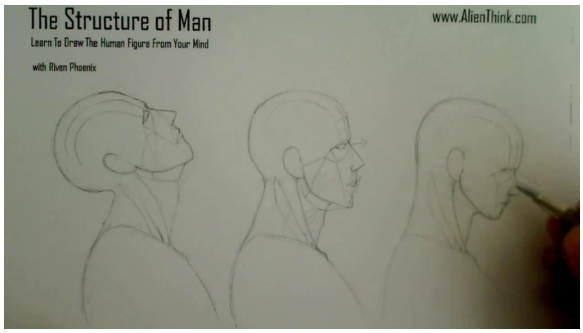
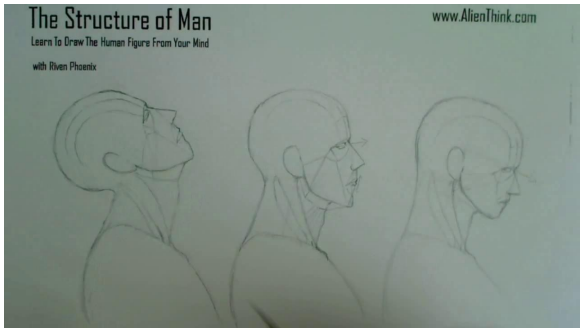
205		just make sure that we got everything down,
206		okay, right, so this one is facing this way, right, so to finish off this illustration,
207		what we can do is just add the fibers for the muscles, and this is going to be a quick process,
208		all right,

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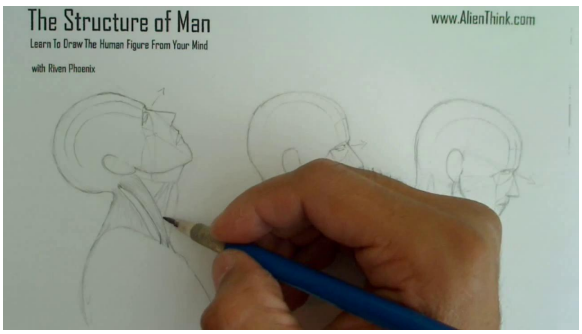
209		so you can do conceptual illustrations like this, so here I'm just going to put this over here,
210		like this,
211		and here we'll just put those ideas here for those two muscles like this,
212		right,

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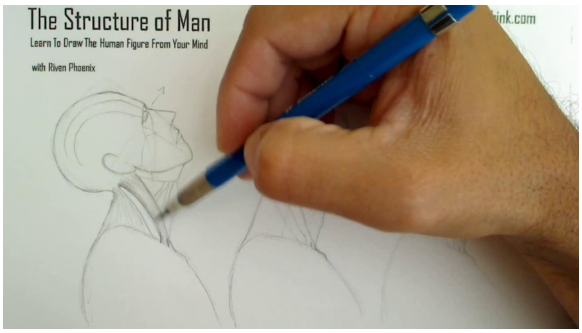
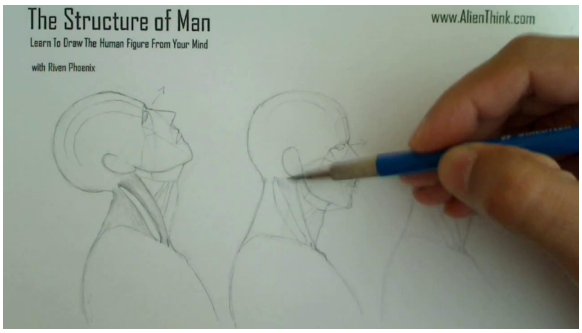
213		so I'm just adding some shadows over here,
214		so this muscle here remembers connecting halfway through the clavicle,
215		be in here, quickly put this in here, a little quick,
216		and put some shadows under it, start to bring it out,

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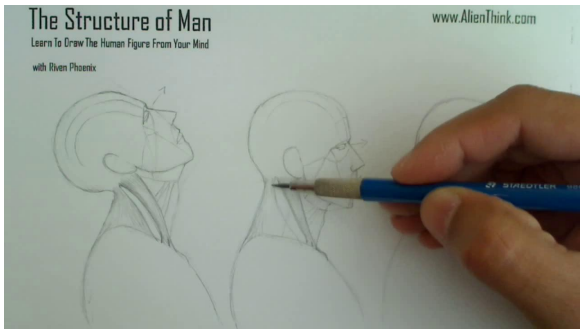
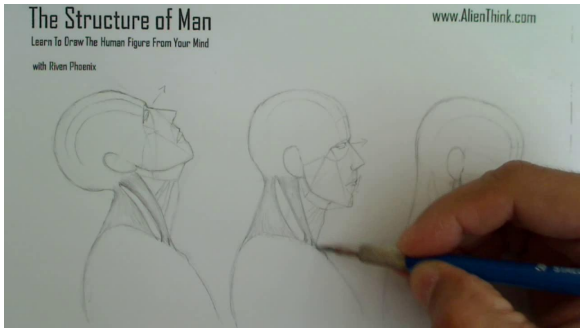
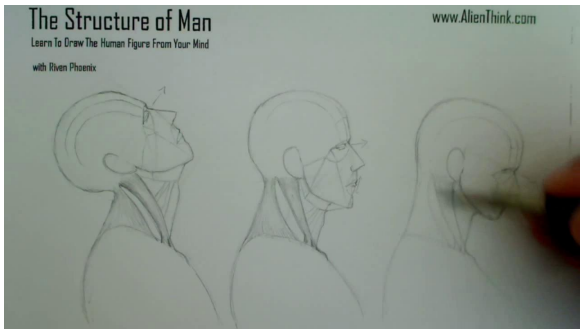
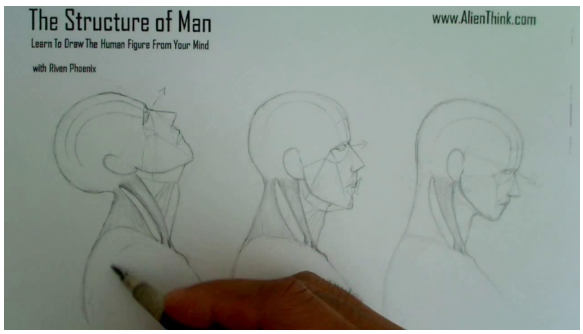
217		and this muscle is going to be a separate muscle that's connecting over here, right,
218		this is where you get that surface, that ditch in surface anatomy,
219		and then we're done, right, so this line here, see, this thing here with the show, with the,
220		we said that the circle is going to be, we already remembered this for the scapula, right,

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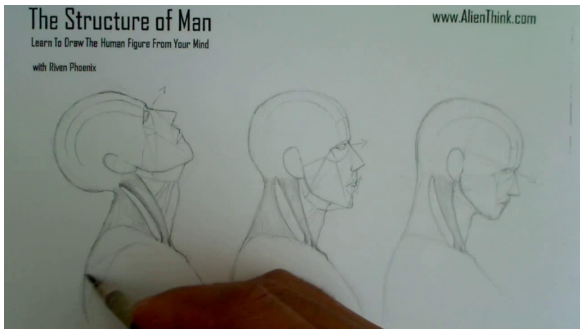
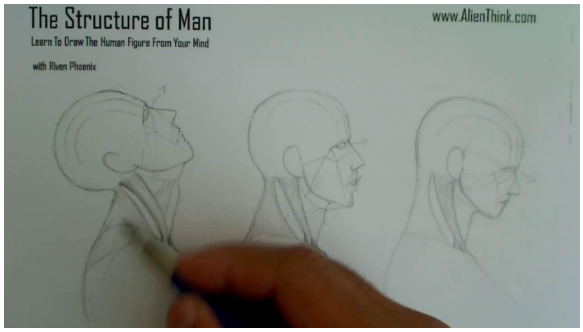
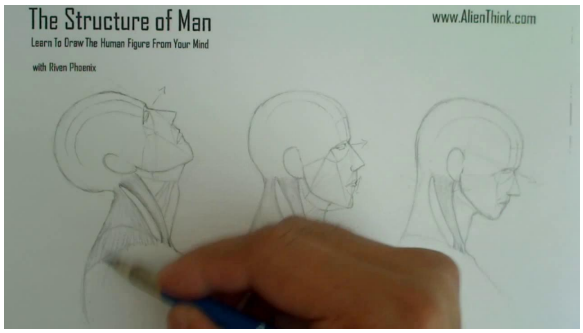
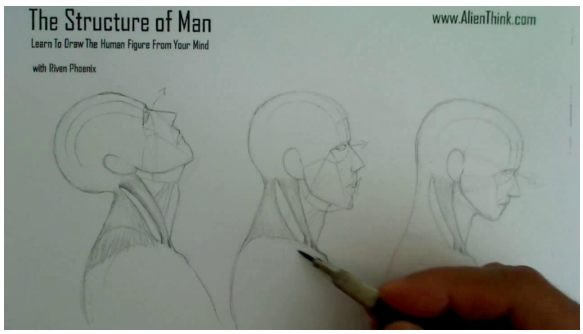
221		we had done this line, so you know that this muscle definitely is going to connect like this,
222		right, so it just makes your life easier to use the mannequin system, right, to put down all the
223		muscles, just going to do this real quickly to show you that that's what's going to be,
224		over here it's going to be the same thing, my circle is just going to be basically here,

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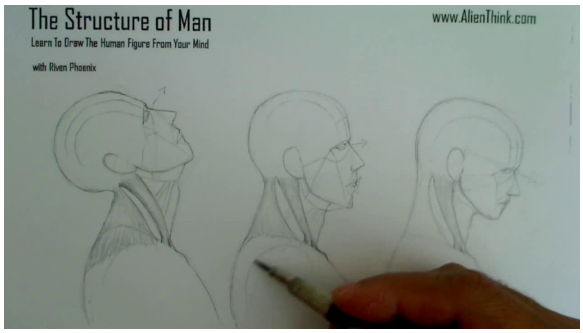
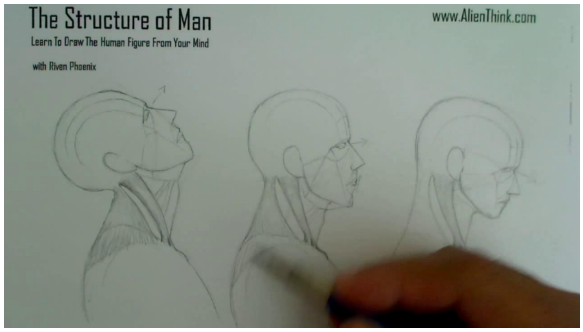
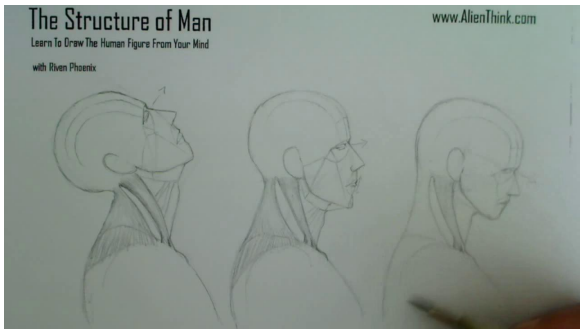
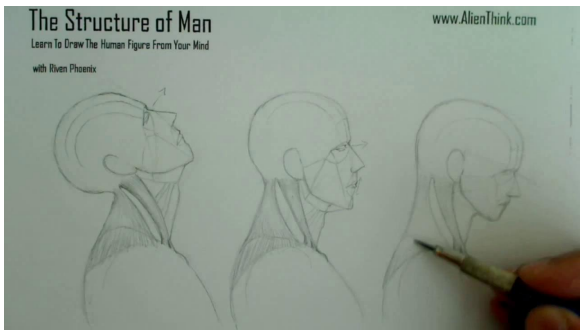
225		and then I'm going to get that line for the scapula,
226		and it's just going to be like this, right, same thing over here, the circle is going to be about
227		here, over here, right for the arm, I'm going to get that line for this scapula, over here,
228		right, so what we're doing is, right, make sure you do all these exercises, right, because this

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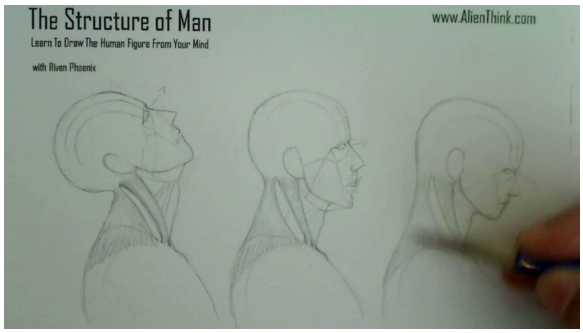
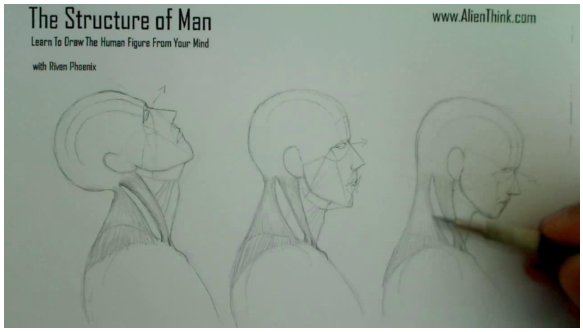
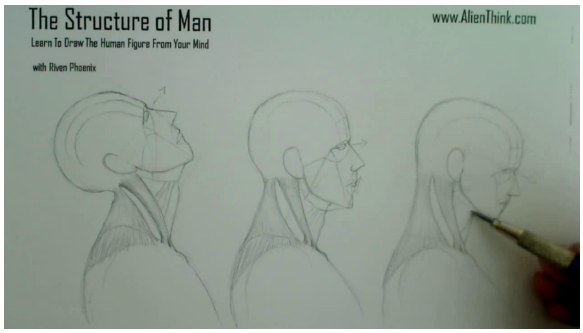
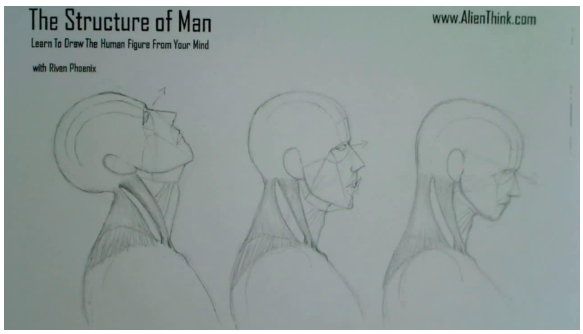
229		is going to be the probably the most important part that we're going through is because we're
230		familiar with making the mind just aware, be comfortable with these ideas, right, because now you
231		always know other muscles for the neck are going to be, right, what's really going on with it,
232		okay, so I'll see you in the next lesson, thanks.

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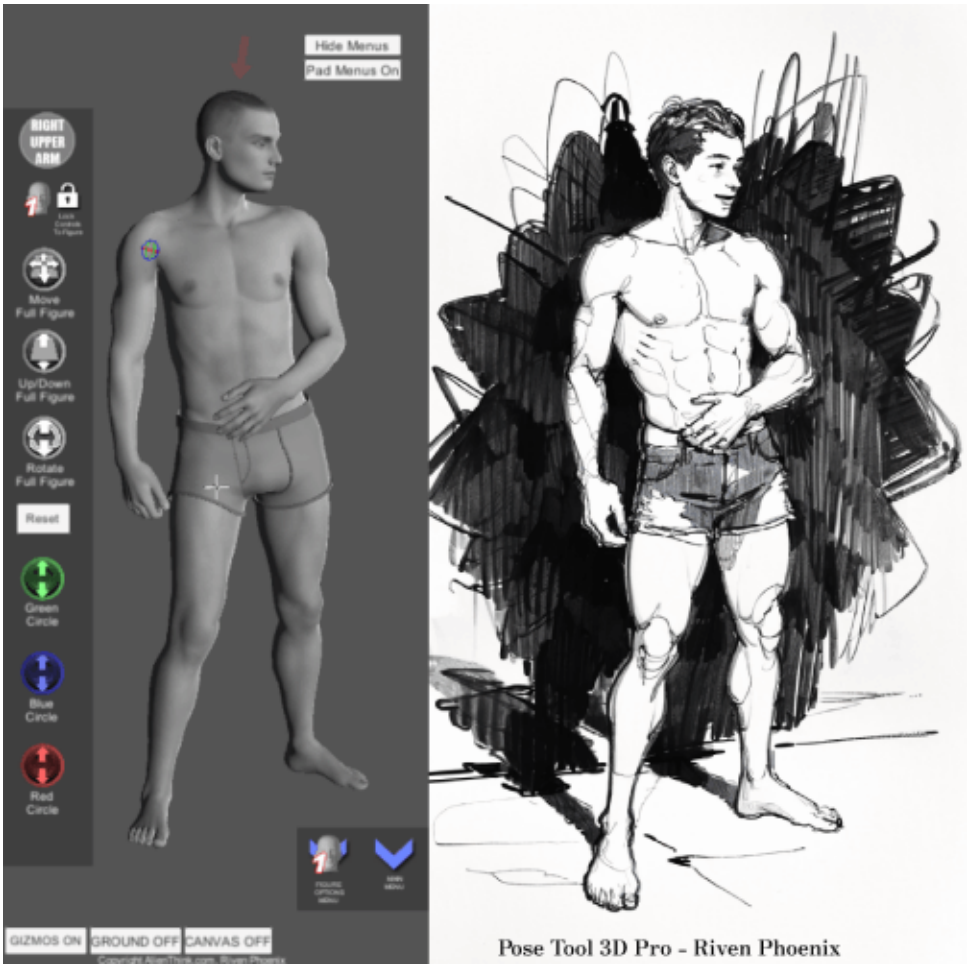

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